



Patient name: _____

Procedure Date: _____ Arrival Time: _____

Procedure Time: _____

Location of test: Methodist Medical Center Dallas
Park in the Parking Garage A
221 W. Colorado Blvd Dallas, TX 75208

Check in at: The Outpatient Center in Pavilion II 2nd Floor

INSTRUCTIONS FOR CARDIAC CATH/ANGIOGRAM

1. Do not eat or drink for 8 hours prior to your procedure
2. If you use insulin at bedtime do not take it the night before or morning of procedure
3. If you take oral medicine for diabetes do not take it on day of procedure
4. If you take Aspirin, Plavix(Clopidogrel), Effient or Brilinta you will remain on this medication
5. If you take Warfarin or Coumadin stop it 5 days prior to procedure. If you take Pradaxa, Xarelto or Eliquis stop it 2 days before procedure
6. Hold the following medications prior to the procedure
7. _____
Continue all other medicines as scheduled. You may take medicines with sips of water
8. You may go home same day or the next day.
9. Arrange for someone to drive you home on discharge.

Signature _____